



Rail Rambles Troeon Trên

www.railrambles.org

*Guided walks from Railway Stations
in Mid-Wales and the Marches*

*Teithiau Cerdded Tywysedig o Orsafoedd Rheilffyrdd
yng Nghanolbarth Cymru a'r Gororau*

5 January – 29 June 2019
5 Ionawr – 29 Mehefin 2019

Welcome to Rail Rambles

Rail Rambles are guided walks from railway stations in Mid-Wales and the Marches. Each walk is planned to be accessible by a day return rail journey from a number of main line and connecting bus and rail stations. The walks are free to join and are open to the public, with no membership of any organisation required.

The Rail Rambles programme is organised by volunteer members of the Rail Rambles Association and produced with the support of Transport for Wales.

Our programmes generally include 6–10 mile walks. Longer walks are offered by a separate organisation, RailRambles Cymru (<http://railrambles.cymru/>).

For more information please contact: enquiries@railrambles.org

or contact us through the web site. We do not publish individual walk leaders' contact details, but are happy to put you in touch with leaders if you need more information about a walk or advice on how to join it.

How to join a Rail Ramble

To join a Rail Ramble, all you need to do is turn up at the start of the walk. Walks normally start from the appropriate railway station (e.g., Craven Arms station for a Craven Arms circular walk, Wrenbury station for a linear walk from Wrenbury to Whitchurch), when the listed train from the Shrewsbury direction arrives. But please do check the individual walks for variations or additional joining instructions.

If you can join the listed train from Shrewsbury, you will be likely to find other Rail Ramblers on the way to the walk. If you are coming from another direction, you will need to plan your journey so that you arrive at the start point in good time – please feel free to ask us if you need help or advice.

Dogs:

To comply with the wishes of the majority of our walkers, we're sorry but dogs cannot be taken on any Rail Ramble.

Walk descriptions

The term '**strenuous**' refers to a fast pace due to mileage and/or the return train time and these walks are for experienced country walkers with an above average fitness level; '**moderate**' indicates some steep paths and a steady pace for people with country walking experience and a good level of fitness ('**moderate+**' means as moderate but with a generally greater level of difficulty); '**leisurely**' means gentle climbs and some level ground for reasonably fit people; '**easy**' means mostly level ground and a gentle pace.

Preparation and safety

Walks are led by experienced volunteer leaders, all of whom are members of the Rail Rambles association and many of whom are also members of the Ramblers. Whilst every care will be taken to keep to the advertised programme, walk leaders reserve the right to make changes to suit weather conditions, the needs of the party or other unforeseen circumstances.

Most Rail Rambles are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join, and bring some food and drink. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit. When in doubt, contact the organisers or the walk leader in advance.

For your own and others' safety please abide by any instructions issued by the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

***Please try to use the train for at least part of your journey –
remember, these are after all RAIL Rambles!***

Train times

Outward times from Shrewsbury and return times from the walks destination stations are indicated in the programme details for each walk.

For details of departure times from other locations and connecting services, please ring National Rail Enquiries (03457 48 49 50), ask at your local station, or visit www.nationalrail.co.uk or <https://tfwrail.wales/>.

Time details may be subject to minor change. Walkers are strongly advised to check times of trains before travelling, and to check our website, www.railrambles.org, in case of last minute changes to the programme.

Fares and tickets

The normal range of tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased. We try to tell you the furthest point from Shrewsbury, where this is not obvious, but be careful if you are coming from the opposite direction!

Discounted fares are available to holders of railcards and it is always worth enquiring about the availability of group discounts or investigating whether splitting your ticket would save you money (many of our walkers find this to be the case).

Hang on to all your outward tickets if you can, as we collect them on the walk (this is just to help us with our statistics – you don't need a rail ticket to come on the walk).

Rail Rambles January to June 2019

Saturday 5 January

Leominster Circular via Ivington Court, Ivington Camp and Brierley (9.5 miles moderate). Leaders Pamela H and Steve Paynter. Depart Shrewsbury 09.40, return 16.42.

Saturday 12 January

Craven Arms Circular via Watling Street, Onny Trail, Upper Carwood, Hopesay Hill and Sibdon Castle (8 miles moderate). Leaders Linda and Mick Hemming. Depart Shrewsbury 09.40, return 16.30.

Wednesday 16 January

Church Stretton Circular via Cwms Cottage, The Wilderness, Cardington, North Hill Farm and Gaer Stone (8 miles moderate). Leaders Steve Paynter and Liz Owen. Depart Shrewsbury 10.09, return 17.09.

Saturday 19 January

Welshpool Circular A short walk (5 miles approx.). Leaders Liz and Bob Owen. Followed by a Post-Christmas Lunch at the Royal Oak Hotel Welshpool (pre-booking essential). See website – Social and News for details. Depart Shrewsbury 09.31, return 16.56.

Saturday 26 January

Llangynllo to Knighton via Fountain Head, Green Hollow and Little Cwm Gilla (8 miles moderate). Leaders Judith Griffiths and Nick Marshall. Depart Shrewsbury 09.00, return Knighton 16.21.

Saturday 2 February

Ironbridge to Telford via Shropshire way, Cherry Tree Hill, Crackshall Lane, Stoney Hill, Holywell Lane, Little Dawley, Stirchley Lane and the Silkin Way (8 miles moderate). Leaders Trevor Allison and Douglas Hill. Depart Shrewsbury 09.47 to **Telford Central, Bus** from Telford Bus Station to Ironbridge No 18 (fare extra), return Telford Central 16.52. (**Book Telford Central return.**)

Saturday 9 February

Llandrindod Wells Circular via Llanyre Bridge, Cochydwst, Great House Villa, Gwynfan and Llanyre (7 miles moderate). Leaders Pamela H and Susan McCormack. Depart Shrewsbury 09.00, return 15.42.

Wednesday 13 February

NEW Wellington Circular via Limekiln Wood, The Wrekin (Summit) and The Ercall (9 miles moderate+ with steep climb). Leaders Mike Ledlie and Les Lumsdon. Depart Shrewsbury 09.33, return 16.05.

Saturday 16 February

Knucklas Circular via Lower Hall Farm, Upper Heath and Cwm Jenkin (9.5 miles moderate+). Leaders Linda and Mick Hemming. Depart Shrewsbury 09.00, return 16.13.

Saturday 23 February

Machynlleth Circular via Brynteg, Brynmelyn and Llyn Glanmeryn (7 miles moderate). Leaders Peter J Jones and Jean. Depart Shrewsbury 09.31, return 16.08.

Saturday 2 March

Fairbourne Circular via Llynnau Cregennen and Cyfannedd Fawr (9 miles moderate). Leaders Douglas Hill and Martin Forrest. Depart Shrewsbury 09.31, return 17.04.

Saturday 9 March

Sutton Park Circular (Birmingham) A walk in Sutton Park in remembrance of our very good friend and leader Bob Perry, all welcome (7 miles easy). Leaders Linda and Mick Hemming. Depart Shrewsbury 09.33, return 15.30 or 16.30 (**Book to Sutton Coldfield and change at Birmingham New Street outward and return.**)

Wednesday 13 March

Ludlow Circular via Felton Farm, Racecourse, Bromfield and Priors Halton (7 miles moderate). Leaders Marion Law and Graham Baker. Depart Shrewsbury 09.40, return 16.17.

Saturday 16 March

NEW Llangollen to Chirk via Ty'n Celyn Wood, Pontfadog, Starling's Castle and Ceiriog valley (9.5 miles moderate+, over 2000' asc). Leaders Clare Gathercole and Audrey Menhinick. Depart Shrewsbury 09.25 to Ruabon, **Bus** to Llangollen (single, bus fare extra), return Chirk 17:58. (**Book Ruabon return.**)

Saturday 23 March

Montford Bridge to Shrewsbury via The Severn Way (7 miles easy). Leaders Susan McCormack and Neville Homent. Depart **Shrewsbury Bus Station** 09.42 Bus 70 Stand J.

Saturday 30 March

Prees to Wem via White Lion Farm, Cumberland Farm and Shropshire Way (8 miles moderate). Leaders Trevor Allison and Mick Hemming. Depart Shrewsbury 10.18, return Wem 15.55. (**Book Wem return.**)

Saturday 6 April

Gobowen to Ellesmere via Hindford and canal (8 miles moderate). Leaders John Mattocks and Peter J Jones. Depart Shrewsbury 09.25, return **Bus** to Gobowen (bus fare extra), return train 16.55. (**Book Gobowen return.**)

<p><i>We will be celebrating Rail Rambles' 30th Anniversary in July 2019 – Check the website for news of special events</i></p>

Saturday 13 April

Whitchurch Circular via Brough, Ash Parva and Brown Moss (8 miles moderate). Leaders Janet Nowill and Douglas Hill. Depart Shrewsbury 10.18, return 16.27.

Wednesday 17 April

NEW Knucklas to Knighton via Skyborry, Lurkenhope and Kinsley (7 miles moderate). Leaders Les Lumsdon and Mike Ledlie. Depart Shrewsbury 10.09, return Knighton 17.37. (**Book Knucklas return.**)

Saturday 20 April

NEW Mouldsworth to Chester via Peel Hall, Guilden Sutton and Chester Millennium Greenway (9 miles moderate). Leaders Pamela H and [co-leader tbc]. Depart Shrewsbury 09.25 for the 11.02 to Mouldsworth, return Chester 16.21. (**Book Mouldsworth return.**)

Saturday 27 April

Fownhope to Hereford via Wye valley walk, Lugwardine and Lugg meadows (8 miles moderate). Leaders Liz and Bob Owen. Depart Shrewsbury 08.50, **Bus** to Fownhope (bus fare extra), return Hereford 15.58 or 16.29. **Note – Check update. (Book Hereford return.)**

Saturday 4 May

Llangollen Circular via Vivod, Hafod-y-maidol and Plas Newydd (7 miles moderate). Leaders Marion Law and Martin Forrest. Depart Shrewsbury 09.25 to Ruabon, **Bus** to Llangollen, return bus to Ruabon (bus fares extra), return train 16.43. **(Book Ruabon return and enquire at station about bus add-ons.)**

Saturday 11 May

Church Stretton Circular via Gaerstone Farm, Willstone Hill, Cwms Lane, Caer Caradoc and All Stretton (9 miles moderate+). Leaders Graham Baker and Darren H. Depart Shrewsbury 09.40, return 16.39.

Wednesday 15 May

Church Stretton to Great Ryton via Inwood, Leebotwood Church, Longnor Park, Micklewood Farm, Dorrington and Great Ryton (9.5 miles moderate). Leaders Trevor Allison and Neville Homent. Depart Shrewsbury 10.09, return Great Ryton **Bus** 15.49 North to Shrewsbury or 15.55 South to Church Stretton (bus fare extra). **(Book SINGLE to Church Stretton.)**

Saturday 18 May

Wem Circular via Ditches Hall, Northwood Hall and Shropshire Way (6.5 miles easy). Leaders Janet Nowill and John Mattocks. Depart Shrewsbury 10.18, return 15.55.

<p><i>New train timetable from Sunday 19 May</i></p>

Wednesday 22 May

Frodsham Circular A walk in remembrance of our good friend and leader Pat Neal, all welcome (5/6 miles moderate). Leaders Mick Hemming and Bob Owen. Depart Shrewsbury 09.25, return 16.03 or 17.59. **Note – Change at Chester outward and return.**

Saturday 25 May

Cilmeri Circular via Rhosferig-Fawr, Wye Valley Walk and Coed Dolyrrew (7 miles moderate). Leaders Liz Owen and Peter J Jones. Depart Shrewsbury 09.00, return 15.16.

Saturday 1 June

Welshpool Circular via Hope, Cwmdingle and Leighton (7 miles moderate). Leaders Clare Gathercole and Pam Swales. Depart Shrewsbury 09.31, return 16.55.

Saturday 8 June

Tal-y-bont to Dyffryn Ardudwy via Pont Scethin and Bron-y-foel (8.75 miles moderate+). Leaders Steve Paynter and [co-leader tbc]. Depart Shrewsbury 09.31, return Dyffryn Ardudwy 16.42. **(Book Dyffryn Ardudwy return.)**

Wednesday 12 June

New Onibury to Craven Arms via Whettleton Hill and Norton (7 miles moderate). Leaders Les Lumsdon and Mike Ledlie. Depart Shrewsbury 09.14 to Ludlow, **Bus** to Onibury (bus fare extra), return Craven Arms 14.55 or 16.25. **(Book Ludlow return.)**

Saturday 15 June

Llanbister Road Circular via Coxhead Bank Common, Lower Pentre, Llysin Hill and St. Michaels Pool (8 miles moderate). Leaders Judith Griffiths and Nick Marshall. Depart Shrewsbury 09.00, return 16.01.

Saturday 22 June

Aberystwyth to Borth via Coastal Path (6.5 miles moderate). Leaders Clare Gathercole and Pam Swales. Depart Shrewsbury 09.31, return Borth 17.43 (**Book Aberystwyth return.**)

Saturday 29 June

Knighton Circular via Coed Detton, Lurkenhope Hill and Stowe Hill (8 miles moderate). Leaders Steve Paynter and Neville Homent. Depart Shrewsbury 09.00, return 16.21.

***Please try to use the train for at least part of your journey –
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Join the Ramblers from just £3.35 a month*



y cerddwyr
ramblers cymru

discount at Cotswold Outdoor.

If you'd like to get out more and enjoy your local area with like-minded people, the **Ramblers** could be for you, with walk programmes catering for all abilities, many aimed specifically at beginners. Single membership is just £35.85 a year (or £3.35 a month if paid by monthly Direct Debit) and comes with a host of fantastic benefits, including a 15% discretionary

Your membership will also help to protect footpaths and walking spaces for everyone to enjoy.

To join, visit www.ramblers.org.uk/join or call 020 3961 3232.

**Rail Rambles is an independent walking organisation affiliated to the Ramblers (Powys area). We have received a lot of support from the Ramblers over the years and very much share their values and aims. However, Ramblers members, please be aware that the Rail Rambles themselves are not official Ramblers activities, so your Ramblers insurance policy does not cover them.*

Thank you, Transport for Wales

As we said goodbye to Arriva Trains Wales on the last programme, we now say hello to Transport for Wales, for this is the first Rail Rambles programme to bear their logo. We would like to take this opportunity to thank Transport for Wales for continuing the support which makes it possible for us to run the Rail Rambles programme.

